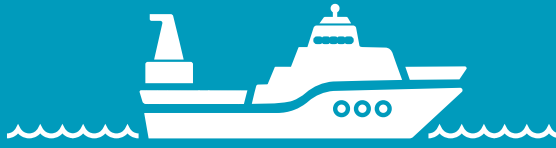



IMPORTANT COVID-19 INFORMATION











staying safe on our vessels

Putting the safety of our people first. We are working closely with Occupational Health and Safety and the Chief Medical Officer to ensure our plans meet the most stringent health and safety guidelines. Our plans have been reviewed and accepted by OH&S, providing the required protection for workers from COVID-19.

WHAT WE ARE DOING

-  Pre-screening health survey and daily temperature checks
-  Restricted access onboard to crew and essential contractors
-  Additional daily cleaning and sanitization measures, including fogging sanitization
-  Personal Protective Equipment (PPE) (i.e., facemasks, glasses, etc.) for all employees and in certain areas PPE is mandatory
-  Staggered breaks to lower the number of crew in the galley and break rooms
-  Social distancing measures (i.e., removal of chairs) in lunch rooms and other areas to facilitate physical distance of 6 feet
-  Where possible, we have made modifications in the factory to ensure employees can work safely (i.e., plexiglass dividers to serve as walls between employees) and additional PPE

WHAT YOU SHOULD DO

-  If you have any symptoms, stay home and contact 811. **DO NOT** risk spreading this virus, or any illness
-  Wear the proper PPE, including gloves, face masks and safety glasses
-  Frequently wash your hands with warm, soapy water
-  Avoid touching your face (especially your eyes, nose, mouth)
-  Cover your mouth and nose with a tissue or sleeve when sneezing or coughing and thoroughly wash your hands after
-  Practice proper social distancing of maintaining at least 6 feet apart during breaks
-  If someone was to become ill while at sea, follow the isolation protocols and safety measures
-  Avoid carpooling to work

OTHER IMPORTANT THINGS TO NOTE

- If you are over the age of 65 or have underlying health conditions, please stay home
- If you are feeling anxious or nervous about coming to work, please speak with your supervisor
- If you have come in contact with someone who has tested positive for COVID-19, please contact 811 and self-quarantine

WHY THE SEAFOOD INDUSTRY IS ESSENTIAL

Food production is an essential service and we are proud to do our part to help feed Canada and the rest of the world with high quality, sustainable seafood.



For up-to-date COVID-19 information visit oceanchoice.com